

AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

Dec 2016/Jan 2017



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It's no surprise the theme of this month is shopping. Between the Keighley Town Centre Pledge, and the Airedale Shopping Centre late night openings, there is plenty of time and incentive to shop until you drop! But instead we are recommending you fully embrace the season, enjoy the experience, stop for coffee and cake, meet an old friend for a chat; take in a carol concert or pantomime. Make the most of the festivities and allow yourself to feel the joy!

The Steeton Village Hub Knitting Group has created a very impressive display in Saint Stephens church which is well worth a visit! (p6).

There is much excitement and anticipation around the impending broadcast of the BBC Bronte themed drama 'To Walk Invisible' by Sally

Wainwright. What a great occasion to gather and watch together. Set your TV to record Thursday December 29th, 9pm BBC1.

Our talented cover photographer, John Sargent, was privileged to take many behind the scenes photos on the sets in and around Haworth. You can view his images online or via his various social media channels (p28).

From the whole team at Worth Valley Publishing, we wish you a wonderful festive season. Be well and enjoy a happy and healthy 2017. We look forward to seeing you in the New Year!

Liz Barker



TUESDAY
5:30pm or 7:30pm
Long Lee Methodist Chapel
Call/text Carla on 07881 953118

WEDNESDAY
5pm or 7pm
Oakworth Holden Hall
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WEDNESDAY cont.
7:30pm
Riddlesden Reformed Church
Call/text Barbara on
07582 468366

THURSDAY
5pm or 7pm, Haworth Baptist Centre
Call Andrea on 01535 642319

SATURDAY
9am Church of Nazarene,
Oakworth Rd, Keighley
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Say you saw it in the Aire Valley Mag!

Christmastide Baked Apples

by Cath Bromwich

I love baked apples. And I love the spicy tastes of Christmas. This recipe is very similar to food people have celebrated with in Britain for a very long time! Good served with yoghurt, custard or ice-cream, for that cold/hot sensation.

Ingredients (per person):

- 1 Cooking apple
- 2-4 teaspoonfuls of honey
- 1 Tablespoon sultanas and /or chopped dates
- 1 Tablespoon of chopped nuts like walnuts or almonds
- A couple of pinches of cinnamon,
- 1 little pinch nutmeg
- A few drops of vanilla flavouring

Instructions:

Heat your oven to gas mark 4 or 180oC
Grease a baking tin lightly with oil
However many apples you want to cook, try and choose similar sized ones, so that they will be cooked around the same time
Carefully cut out the core of the apples, while leaving a bit of apple at the bottom so that you make a sort of deep bowl. Try and keep this in tact so that the honey does not run out. Fill in the bottom if you cut away too much. If necessary cut the base of your apple flat.
Score all the way round the outside of the apple [its circumference] with a sharp knife. Just cut the skin, not deep into the flesh. This will help with cooking.
Mix nuts, sultanas, honey, cinnamon, nutmeg and vanilla together in a bowl and then spoon this into the apple holes [avoid honey spilling over to prevent burning]
Fill all your apples you want to cook, place



on the baking tray. Place the tray of apples in the oven
Cooking time depends on apple size, however a 250g apple takes 35 minutes, When cooked they should be soft and fluffy, and the top 'risen' from where you scored the skin.
Gently insert a fork to check softness [they may burn a little before they are all cooked through].
Note these are VERY hot when cooked. Leave to slightly cool if you are serving them to children.
Alternatives: Add some grated orange zest or mincemeat and chopped nuts mixed together
Cath Bromwich is a cookery teacher & forager. Her livelihood includes sessions such as Cooking for Special Diets, Cooking on a budget and outdoor cooking experiences. She trained at Ballymaloe Cookery School, Ireland. For more information, or to pass on your stories and recipes, contact Cath at www.facebook.com/foragercathyorkshire



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Image: Kearns Village Show Home, Cowpe in Rossendale





Steeton Village hub knitting group have knitted a model of the village church and memorial. It is a beautiful hand crafted representation which will be on display in St Stephens Church for all to see for the next few weeks.

Diane Danby led the group of knitters who all contributed to the project giving their time and wools to help create the model. The group are extremely proud of their masterpiece. Any money raised will be donated to towards the vital repair work needed on St Stephens Church roof, £150,000 needs to be raised for the works. All donations extremely welcome for this good cause donation box is inside the church.



St Stephen's Church, Steeton will be open 10-12noon Saturdays for people to view. Please contact Diane Danby for more information on 01535 658285.

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In a society where long distance communication takes no more than the click of the mouse or tap on a screen, loneliness is a silent killer affecting one million older people in the UK. Labelled 'The Age of Loneliness', there is nothing trivial, comical or romantic about this condition. Yet the deeply ingrained stigma surrounding the concept of loneliness prevails.

Loneliness is not the same as being alone but about not feeling connected. It is a complex and often unexplained emotional response to feelings of isolation or lack of companionship. Experiences of bereavement, divorce, relocation or starting university are some of the major life changes that can be a precursor to loneliness.

Whilst commonly accepted that loneliness is a great affliction that often affects the elderly, research concludes that loneliness affects people of all ages. In an increasingly ageing society, severe loneliness in the over 50's is currently rising at an astonishing speed. Britain is now known to be the loneliness capital of Europe.

Interestingly, married couples or those with a partner are not exempt from loneliness,

giving credence to the belief that it is not the quantity but the quality of relationships that are significant. An individual surrounded by lots of people can still feel lonely – hence the expression 'lonely in a crowd'. Yet there is nothing inherently problematic about solitude itself and some may prefer to be alone and foster solitude or simply try to achieve a balanced compromise. Whilst the evolution of the internet may appear to bring people closer, social media actually promotes superficial, less rewarding relationships that can result in isolation. Face to face interactions offer greater opportunities for more sustainable relationships.

The short dark days of winter serve as a reminder that loneliness can also be a signal, a pivotal time to motivate and connect with others. An awareness and compassion for those who struggle with everyday things like shopping, offering a lift or posting a letter could make a difference.

Volunteers are always needed to make a weekly phone call to a lonely person – or perhaps you would welcome a friendly phone call through the safety and security of the Silver Line? The Silver Line operates the only confidential, free helpline for older people across the UK that's open 24 hours a day, seven days a week. There are no strict age limits so, if you think it's for you, it's for you.

Jeanette House www.thesilverline.org.uk



To advertise call Jo or Liz on 01535 642227

Where in the Aire Valley? COMPETITION



Where is the red x located in the photo to the right? ?

This month's prize is generously donated by **Keighley & Worth Valley Railway**

Day Rover Pass

Email your answer to: mail@worthvalleymag.co.uk

Last month's location was Kildwick Primary School. The winner was Barrie McWhinney of Silsden.

photo by John Sargent

The winner will be selected from all correct answers received by 20th January 2017.



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Sew Happy!

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Sew Happy

Keighley & Worth Valley Railway Events 2017



Hosting the nation's favourite steam locomotive, Flying Scotsman, is something special and I'm very excited to be able to confirm that the National Railway Museum has announced the programme of events for 2017 and we are booked for a visit 1st to 9th April.

Further information will follow now that we can focus on the detail, having secured the visit. Flying Scotsman is visiting only three heritage railways in 2017, and we are the only one in the north, so are looking forward to a very busy few days of activity and passengers. As a result, booking for a journey behind Flying Scotsman will be needed and we will share details of how to book shortly. **We are keeping this page updated with the very latest news as plans are finalised: www.kwvr.co.uk/flyingscotsman/**

Between then and now, we continue to have a programme of events, including Santa and his Pixies on board the Santa Specials in the weekends before Christmas. The Santa Specials are virtually all sold out, but you can still enjoy the festive atmosphere on the heritage diesel service that operates alongside the Santa Specials, with the added advantage

that local residents card discounts can be enjoyed on tickets for the diesel trains. We then continue the festivities after Christmas Day, with our ever-popular Mince Pie specials, running from **Boxing Day right through to January 2nd** and pre-booking isn't needed for the Mince Pie Specials.

Next March sees the return of the Spring Gala weekend, when from the 3rd to 5th March passengers can enjoy seeing a variety of services running, often including double-headed trains, demonstration freight operations and the chance to travel in rarely-used vintage carriages.



All of this couldn't be achieved without our team of over 500 volunteers, supported



by just a handful of staff. This year our volunteers have replaced Oakworth Level Crossing, which we know our neighbours are

grateful for, as well as dealing with plenty of other behind the scenes engineering and maintenance tasks. We also had to contend with the Boxing Day flooding, as did many of you I appreciate, which drew heavily on our volunteers to deal with the deluge. So I do hope that you will join me thanking them on your behalf for all their work to keep the wheels turning of our national treasure and will consider making a new year's resolution to join as a volunteer.

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AWARD WINNER 2016



Airedale Enterprise Services proud to have won a national award in recognition of our support to start ups and existing businesses looking to grow.

We wanted to share our good news! On Friday 18th November at the National Enterprise Network conference and awards ceremony at the RBS Conference centre in London we were awarded a national award! "The Future of Enterprise Support" - As you can imagine we are very proud to have won! Not bad for a small but perfectly formed team in Keighley!

Supporting Start-ups and helping existing businesses grow for the past 33 years is at the heart of what we deliver so this award and national recognition is very well deserved.

I would encourage you to have a look at our website www.airedaleenterprise.org.uk and if you have any business growth plans or know someone looking for help when starting up in business then ask them to get in touch with us. If an award winning team can't help then who can!

Our specialist business support service includes

- One to one business advice
- Business planning
- Cash flow forecasting
- ISO consultancy & Training
- Digital skills training
- Low cost office Space
- Virtual office
- Meeting and conference room hire
- The AWWEsome Business club

A whole range of Business development training including HR, marketing, sales, confidence building, telephone sales, social media etc.

Whatever your business development needs are if we cannot help we usually know someone that can!

Call 01535 607775 together we can help you grow your business.



Airedale Enterprise Services, Sunderland Street, Keighley BD21 5LE





COMMUNITY PAGES

Help with internet job searching & CV
 –FREE Thursday afternoons 2.00pm-4.00pm at Crosshills Library – book a slot Tel 01609 534502 e-mail: Crosshills.library@northyorks.gov.uk Tel 01609 533659.

Every 2nd Tuesday 10am - 12pm Time for Me (Carers Resource) is a monthly group for carers and over 50's. Fun activities and friendly support at Steeton Hub, Stone Grove. More info call Carolyne 01274 449660.

Dementia Friendly Keighley seated exercise classes are every Monday 11.15am -12pm at Central Hall, Keighley, BD21 3JD More info call Maggie 07971 527525 or email info@dementiafriendlykeighley.org.uk.

Staincliffe Court Luncheon Club Lunch and socialise for over 50's.

Have a tasty, home-cooked, nutritious 2 course hot lunch and make new friends all in a relaxed and pleasant atmosphere. **Every Thursday - Staincliffe Court, Elliot St, Silsden.** Please call 01535 677177 to book a place. £4.00 per session.

Sun 11th Dec Skipton Christmas Market which runs the full length of the High Street alongside many local charity and gift stalls selling everything you could want. At 4pm the day closes with a procession up the High Street to the Holy Trinity Church grounds, where a traditional Christmas carol service takes place.

Thursday 15th Dec. 7.30pm Christmas Concert by the **KVU Singers** at Crosshills Library (BD20 8TQ) Tickets £3 including mince pie & Tea or Coffee Tel 01609 534502 e-mail: Crosshills.library@northyorks.gov.uk



Weds 14th Dec 7pm Annual Family Christmas Carol Services at **Silsden Sports Club**. In aid of Sue Ryder.
Fri 16th Dec 5.30pm at Steeton Hub is **Jack & the Beanstalk Pantomime**. Please call 01729 825944 for tickets which are £4.50
Fri 16th Dec Film 5pm Arthur Christmas at **Glusburn Institute**. Santa's Grotto will also be open for each child to receive a gift & mulled wine for the adults. Ticket only event so please call 01535 630223.

16th - 21st Jan Private Lives at Keighley Playhouse.
Sat 17th & Sun 18th Dec Carol Singers & Entertainment in Haworth.
Festive family weekend, full of Christmas Cheer, with various street entertainment up and down the charming Main Street, lined with gift shops & tea rooms. Lots to see and buy, you might even catch a glimpse of a very special someone called Santa.
Sat 17th & Sun 18th 10am - 4pm. Haworth Craft Fairs at Haworth Old School Rooms.

Sun 18th Dec 10am - 3pm Skipton Guitar Fair at **Skipton Town Hall.**
Sun 18th Dec 6pm Carols by Candlelight at **St Stephens Church, Steeton.** All welcome.
Sun 18th Dec 6pm Carol Service at **Methodist Church, Steeton.**
Sun 18th Dec 4pm Christingle & Carols at **St Thomas Church, Sutton**

with an informal "scratch" nativity.
Sat 24th Dec 3pm Christingle Service at **St Stephens Church, Steeton.**
Sat 24th Dec 6pm Carol Service at **St Thomas Church, Sutton.**
Sun 25th Dec 10.45 am St Thomas Church, Sutton Christmas Day Family Communion.
Tues 27th Dec 10am - 4.30pm Keighley Model Railway Club Christmas Open Day at the Club Rooms, Keighley Business Centre, Knowle Mill, South Street, Keighley.. Adults £3.50 Children £2.50. Catering, free parking and lift access.
Fri 13th Jan 7pm at Glusburn Institute Big Fat New Year Quiz. A night of fun & facts. Call 01535 630223 for tickets.

Weds 25th Jan 11 am Silsden Reservoir at Wesley Place Car Park.
5 mile walk circular (bring packed lunch). Meet Malcolm Gardner at Wesley Place Car Park Silsden for a walk above and around Silsden Reservoir.



Sat 28th Jan 9.30am - 4pm Victoria Hall, Saltaire Vintage, Home & Fashion Fair With 40+ stalls of vintage loveliness for you and your home including genuine vintage fashion, such as 1940's tea dresses, 1950's prom gowns, jewellery, accessories, furniture, homewares, vintage vinyl, toys, books, kitchenalia and

collectables, all from the 1920's to the 1980's...

Sun 29th Jan 2pm Music by Haworth Ukulele Group at **Cliffe Castle Museum, Keighley.** Join us for our first FREE musical performance of the new year. Haworth Ukulele group consists of an informal and enthusiastic group of musicians of varying ability. Expect an eclectic mix of musical treats from Bing Crosby to Boomtown Rats and anything inbetween. No need to book, just turn up and enjoy.
Sat 11th Feb 7.30pm Christ Church, Ilkley present **The Brighouse & Rastrick Brass Band.** Tickets £15 from the Christ Church Cafe or call 01943 608479




Crosshills and District Fellowship of Churches Present
Christmas in the Park
 An Outdoor Nativity
Sunday 11th December 2016
 at 4.00pm
 Starting at the Bay Horse Car Park
 Eilers Road Sutton-in-Craven
 Processing to Sutton Park
 via The Kings Arms and The Black Bull
 Everyone is welcome to join in the procession
 Please remember to bring a torch!
 Mince Pies and Mulled Wine will be served afterwards at South Craven Baptist Church

Please support local trade

Naughty but Nice Juice

This juice is basically a Bloody Mary for the 21st century. You can take it whatever way suits your temperament or mood. Keep it clean and cosmic or go full on galactic with vodka & spice. Either way, it will put a zing in your Christmas step and a smile on your face. It may be winter but use the best tomatoes available, and make sure they are ripe! Add horseradish for additional pucker power. The garlic and jalapeno are antimicrobial, in other words, they will blast out whatever bacteria or fungi ails you! (Just tell friends it is a medicinal thing) Have yourself a very Merry Naughty but Nice Juice. Cheers!



Haworth Wholefoods and Worth Valley Mag bring you fresh juice recipes to celebrate the launch of Haworth Wholefoods fruit & veggie boxes.

Ingredients:



- 8-10 large ripe plum tomatoes
- 1 stalk of celery (use small ribs and leaves as garnish)
- 1 large cucumber
- 1 green bell pepper
- 1 jalapeno (pull out the seeds & ribs if you like it mild or choose another chillie of choice)
- 2 carrots
- 1 clove of garlic
- 2 limes
- 2 tsp. Worcestershire sauce
- 2 tbsp. of tomato paste
- 2 pinches of sea salt
- cracked pepper to taste

vodka (optional)
small inner celery ribs with tops

Method:

Rinse the vegetables and the limes. (No need to peel if you have a powerful juicer). Juice them up and pour into a pitcher. Add the sauce, paste, salt, and pepper and stir. Serve over ice.

Add vodka if you'd like and garnish with celery tops.

Yield 8-10 servings



Haworth Wholefoods
123 Main St. Haworth BD22 8DP
01535 649217
www.haworthwholefoods.co.uk

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SATURDAY 7 JANUARY, 2pm
Parsonage Wrapped – Behind the Scenes at the Museum

What happens during our closed period? Experience the Museum as you've never seen it before.

SATURDAY 14 JANUARY, 2pm
Meet the Author – Samantha Ellis

Samantha will discuss her fascination with Anne Brontë, the subject of her new book.

SATURDAY 21 JANUARY, 2pm
Building the Brontës with Grant Montgomery

The production designer of *To Walk Invisible* tells all!

SATURDAY 28 JANUARY, 12pm, 2pm, 4pm
Branwell Brontë's Haworth Haunts

Storytelling walks with Ursula Holden-Gill, suitable for all the family.

The Museum will be closed 3–31 January but the shop will be open daily from 4 January. Visit www.bronte.org.uk for full opening times, booking information and tickets.

January at Brontë Parsonage Museum



Banish the January blues by feasting on our exciting programme of events

IMAGE COURTESY OF THE BBC

Haworth, Keighley, West Yorkshire BD22 8DR
01535 642323 www.bronte.org.uk



Brontë Parsonage
MUSEUM

Open Nov–Mar 10am–5pm daily, Apr–Oct 10am–5.30pm. Last tickets sold 30 minutes before closing. Reg Charity: 529952. Reg Company: 73855



John Sargent, aka jackharrybill, has lived in Haworth for nearly 30 years. Often seen around the village with the family pet, Luna, in tow, he is rarely to be seen without a camera in hand. He is never

happier than when using a camera for stills or video.

Find more of his prolific work, including behind the scenes on the film set *To Walk Invisible*, on the web via Instagram, Twitter, Facebook and Flickr by searching for jackharrybill (Youtube may even give you a reason for that handle!).

If you need a photographer get in touch with him via

www.jackharrybill.photography



photo: John Sargent

BEHIND THE SCENES AT THE MUSEUM



Everyone at the Museum would agree that one of the highlights of 2016 has been our involvement with Sally Wainwright's new Brontë drama, *To Walk Invisible*. Sally and her team have been regular visitors to the Parsonage and she has become an honorary member of the BPM team. Here's Sally to tell us more:

Tell us a little about yourself:

I am very boring. All I do is work. I can't be bothered with people in real life, I wish they would all leave me alone, I just want to live in cloud cuckoo land in my head.

Tell us about a typical day working on *To Walk Invisible*:

When we were filming out and about in Haworth, in Main Street and at the build on Penistone Hill, no one day was typical, but in the studio in Manchester our days were pretty regular: we started filming at 8am every day. I'd turn up at 7am and go through my shot list with Nathan, my 1st assistant, and then with David, the Director of Photography. At 8am the actors arrived on set. We would then rehearse the first scene we were shooting

that day. I usually rehearse for about half an hour, and then we show the scene to the crew. David then sets the lights and the actors go off for further dressing and make-up, and the art department dress the set adding anything particular to the scene we're about to shoot. The 3rd assistant brings me about fifteen cups of coffee while I wait for the lights to be set, and then we shoot the scene. If that makes it sound quick and easy, it'll be four hours before we're onto the next scene.

What is your favourite item in the Museum's collection?

Emily's bedroom (also known as the Children's Study)

And your favourite piece of Brontë writing?

The Prisoner by Emily Brontë: "Now dawns the invisible, the unseen its truth reveals, my outward sense is gone, my inward essence feels, its wings are almost free, its home its harbour found, measuring the gulf it stoops and dares the final bound, oh dreadful is the check, intense the agony when the ear begins to hear and the eye begins to see, when the pulse begins the throb, the brain to think again, the soul to feel the flesh and the flesh to feel the chain. Yet I would lose no sting, would wish no torture less, the sooner anguish racks, the earlier it will bless, and robed in fires of hell, or bright with heavenly shine, if it but herald death the vision is divine."

Anything else you'd like to tell us?

To Walk Invisible is going to be on **BBC1 at 9pm on Thurs 29th Dec 2016**. And I'm filming the South Bank Show at the Parsonage and at Shibden Hall in Halifax this week!

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